

Overnight Camping List

Clothing (NO COTTON!)

Rain Parka with Hood - Gore-tex

Rain Pants – Gore-tex

Windbreaker

T-shirt - synthetic or merino wool

Long-Sleeve Shirt – capalene or merino wool

Synthetic Underwear - capalene, coolmax

Long Underwear - capalene, merino

Climbing Pants - synthetic pants

Fleece Jacket – 100 weight Polartec

Down Sweater/Jacket

Warm Hat - basic fleece

Gaiters - ankle gaiters

Socks - synthetic Bridgedale or Smart Wool

Gloves- fleece

Hiking shoes/ boots

Miscellaneous Items

Sleeping Pad - Therma Rest or Ridge Rest

Sleeping Bag – 25-35 degree

Tent – 2 person

Back Pack – 2,500 – 4,000 cubic inches

Cook Pots - compact and light

Plastic Bowl, Mug, & Eating Utensils

Lighter or Matches

Water Bottles – Camelback or Nalgen

Water Purification Device

Medical Kit

Sun Glasses - 100% UV

