

## Ice Climbing Learn To Lead

Placing screws/protection selection/Screw Lengths 10cm, 13c,, 16cm, 19cm, 22cm.

Learning to read ice and the different varieties of ice that exists.

Better route selection, route finding, and route planning for efficient movement over ice.

Teaching effective and efficient movement strategies while leading, finding restful stances and correct body positioning while placing screws.

Transitions from climbing to belaying to descending, rappels, rappel extensions, friction hitch back-ups.

Anchor systems for ice climbing. Pre-equalized anchors and self-equalizing anchors.

V-Threads

Single, half, and twin rope techniques.

Multi-pitch climbing in a team of three and the rope management that comes with that.

